

- **Life Care Planning**
- **Medical Bill Reviews**
- **Medical Cost Projections**

ValPar Consultants, Inc. has been providing rehabilitation-based nursing services and medical legal consultation since 1996.

Our firm provides comprehensive **Life Care Plans** for individuals with catastrophic injury or chronic illness. We provide a working document that serves as a road map of care. Life Care Plans are often requested by the legal and insurance communities as a way to help quantify future medical care expenses as well as for the purpose of setting reserves. Our Life Care Plans are built on sound rehabilitation principles and are individually tailored with the dual goals in mind of minimizing complications and maximizing functional potential for the individual.



Our firm provides **Medical Bill Reviews**. Past medical bill reports demonstrate whether the past medical bills fall within the UCR (usual, customary, and reasonable) range. Each service is researched by provider by reviewing the medical records and comparing them to the corresponding bills. Our trained coding personnel evaluate the appropriateness of the codes such as CPT, HCPCS, and MS-DRG and whether there has been unbundling of the charges. Our office uses nationally accepted coding and costing resources. Reports are prepared with the assistance of our trained coders by certified life care planners who are registered nurses with decades of experience in case management and life care planning.

Our firm provides **Medical Cost Projections**. Medical cost projection reports are used when a full catastrophic life care plan is not needed, but there has been future care recommended such as a surgery or future course of pain management treatment. Medical cost projection reports are prepared by registered nurses who are certified life care planners using life care planning methodology, including appropriate coding and costing resources.